

# Starters



**Soup of the Day**  
Cup 3.5      Bowl 5.5

**Chips and Salsa\* 4.5**  
**Chips, Salsa, and Guacamole\* 6.5**

**Basket of Fries \$5**  
Tossed in our house seasoning. Make 'em Cheesy or add bacon? Add \$1 each

**Nachos\* 9**  
House queso, black beans, jalapenos, tomatoes, guacamole, salsa, crema  
Add Chicken or Pork 3 / Braised Beef 4

**Quesadilla w/ Green Chiles 7.5**  
With guacamole, crema, and salsa  
add Chicken or Pork 3 / Braised Beef 4

**Hummus Plate 8**  
Pita, tomato, feta, olives, pepperoncini

**Crispy Artichoke Hearts\* 7**  
Topped with fresh herbs and served with a lemon garlic aioli.

**Polenta Fries\* 6**  
Topped with parmesan and served with remoulade

**Spring Roll\* 6.5**  
Your choice of tofu or chicken, with spring mix, avocado, bean thread noodles, carrots, and herbs in rice paper

**Chile Relleno\* 7**  
Cornmeal crusted, cheese stuffed Anaheim. Served on top of red and green sauce with sour cream and avocado.

**Chicken Wings\* 6.5**  
6 wings tossed in house made buffalo or BBQ sauce.  
Served with bleu cheese or ranch dressing

**Cheese Plate 8.5**  
Herbed goat cheese and manchego, roasted red peppers, roasted garlic and mixed nuts, apple, house citrus marmalade, and house made crackers.

# Salads

Served with baguette  
Substitute gluten free bread for \$1  
All salads can be made gluten free - please ask your server.

**Mediterranean 12**  
Greens, hummus, kalamata olives, feta, tomato, cucumber, pepperoncini, tzatziki, spinach pie, quinoa tabouli, pita, balsamic dressing

**Moroccan Chicken 12**  
Sriracha, garlic, lime marinated chicken, spinach, almonds, orange curry vinaigrette, with a lemon, mint, cucumber quinoa salad

**La Co Nicoise 12**  
House smoked salmon, hard-boiled egg, tomato, red potatoes, roasted vegetables, parmesan, mustard vinaigrette

**Cobb 12**  
Greens, turkey or pork bacon, tomatoes, avocado, hard boiled egg, grilled chicken, bleu cheese dressing

**Thai Seaweed 12**  
Tofu, carrot, cucumber, avocado, bean thread noodles, marinated seaweed, greens, tamari ginger dressing

# Sandwiches

## Turkey Pesto 9

House roasted turkey breast, provolone, lettuce, tomato, mayo on ciabatta

## Pulled Pork 9.5

Beer braised and smoked pork with house BBQ sauce, slaw, and gouda on ciabatta

## LaCo Burger 11

Topped with Oaxacan cheese and green chiles. Served with lettuce, tomato, onions, and pickles.

## Grilled Eggplant 9

Roasted red pepper, gouda, spinach, pesto, and balsamic reduction on ciabatta.

Vegan with no cheese!

## Presidio Reuben 10

Your choice of: corned beef, house roasted turkey breast, or eggplant. With grilled sauerkraut, green chiles, provolone, thousand island dressing and spicy mustard on rye.

## Veggie Burger 9

House recipe. Contains walnuts.

Add for \$1 each: cheddar, bleu cheese, gouda, provolone, avocado, turkey bacon, pork bacon

Add for .50 each: green chiles, grilled onions

## GLBT 9

Guacamole, lettuce, tomatoes, pork bacon, turkey bacon or tofu, and mayo on whole wheat ciabatta

# Entrees

## Lemongrass

## Coconut Curry\* 13

Roasted vegetables, quinoa, spinach, and your choice of chicken or tofu

## Lemon Caper Penne 13

House smoked salmon or grilled chicken breast, lemon caper cream sauce, parmesan, and roasted red peppers

## Quinoa Bowl\* 13

Braised spinach, roasted vegetables, Thai peanut sauce, pickled onions, and your choice of chicken or tofu

## Chicken & Rice 12

Jerk seasoned chicken breast & coconut rice topped with cilantro slaw. Served with a tomato, feta, green salad.

# Southwestern Fare

## Chile Relleno Plate\* 12

Cornmeal crusted green chile stuffed with cheese, red and green sauce, crema, and avocado Served with beans, rice, and side salad.

## Taco Salad 13

Greens, roasted veggies, rice, black beans, pickled onions, salsa, crema, and guacamole in a crispy flour tortilla bowl.

Your choice of: Braised Beef, Chicken, Pork, Tilapia, or Tofu-rizo

\*Gluten Free with corn chips

## Tacos\* 12

Served with black beans, Spanish rice, and side salad.

Your choice of: Braised Beef, Chicken, Beer Braised Pork, or Tofu-rizo with slaw, guacamole, cotija cheese.

-or-

Grilled Tilapia with remoulade, slaw, and cotija cheese

## Chimichanga 13

A fried burrito stuffed with your choice of protein, beans, and rice on top of our red and green sauce. Served with queso, guacamole, crema, and pico de gallo.

Your choice of: Braised Beef, Chicken, Pork, or Tofu-rizo.

## Smothered Burrito 13

Black beans, Spanish rice, roasted vegetables, cheese, crema, cilantro, red and green sauce. Your choice of: Braised Beef, Chicken, Pork or Tofu-rizo

## Southwestern Pot Roast\* 14

Beef braised in a red wine gravy with onions, potatoes, and carrots. Topped with a chile relleno and corn tortilla.

Parties of 8 or more are subject to a 20% gratuity.

\*Denotes Gluten Free options