

## STARTERS

### **SOUP**

CUP 3.50    BOWL 5.50

### **BRUSCHETTA 8**

WILLCOX TOMATOES, BASIL, MOZZARELLA

### **HUMMUS OF THE DAY 6**

PITA CHIPS AND CRUDITÉ

## SALADS

ADD TO ANY SALAD: CHICKEN OR TILAPIA 3/TOFU 2

### **SPINACH AND GRILLED TILAPIA\* 11**

ZUCCHINI, YELLOW SQUASH, RED ONION,

SUNFLOWER SPROUTS, ROASTED BEETS AVOCADO

### **BENTLEY'S GARDEN SALAD\* 4SM/8LG**

BABY GREENS, CABBAGE, CARROTS, MOZZARELLA,

SUNFLOWER SPROUTS, WILLCOX TOMATOES, CUCUMBER

## SANDWICHES

WITH YOUR CHOICE OF POTATO OR GARDEN SALAD

SUBSTITUTE GLUTEN FREE BREAD FOR \$1

### **GLBT 7.50**

GUACAMOLE, LETTUCE, TURKEY BACON OR TOFU, TOMATO

### **TURKEY PESTO 7.50**

WITH PROVOLONE ON CIABATTA

### **GRILLED CHEESE WITH TOMATOES 6.50**

## BREAKFAST

### **BAGEL AND CREAM CHEESE 3**

9 GRAIN, EVERYTHING, SESAME, OR PLAIN

### **BAGEL AND LOX 8.50**

CAPERS, TOMATO, RED ONION, CREAM CHEESE

### **SEASONAL FRUIT, YOGURT, AND NUTS\* 5**

PLAIN OR VANILLA

### **BREAKFAST BURRITO\* 5**

PINTO BEANS, POTATO, EGGS, AND CHEDDAR CHEESE

### **TWO EGG BREAKFAST 5.50**

POTATOES AND TOAST

### **FRENCH TOAST 6.50**

MAPLE AND AGAVE OR FRUIT SYRUP

### **CORN CAKES 6.50**

MAPLE AND AGAVE OR FRUIT SYRUP

### **SOUTH AMERICAN BREAKFAST 9**

CORN CAKES, EGGS, GUACAMOLE,

SALSA, SOUR CREAM, COTIJA CHEESE

### **FRITTATA OF THE DAY 7**

YOUR CHOICE OF FRUIT OR SIDE SALAD

ADD TO ANY BREAKFAST:

TURKEY OR PORK BACON 2

TURKEY SAUSAGE 2

\*DENOTES GLUTEN FREE OPTIONS

\*THE CONSUMPTION OF RAW OR UNDERCOOKED MEAT, FISH, EGGS,, POULTRY, SEAFOOD OR SHELLFISH CAN INCREASE YOUR RISK OF FOODBORNE ILLNESS. THIS IS ESPECIALLY TRUE FOR PEOPLE WITH CERTAIN HEALTH CONDITIONS.